

Children with Asperger's are often overlooked because:

- Their language development is not delayed
- There may be no obvious cognitive impairment & they may be quite intelligent
- The difference between their ability & actual performance is often labeled as lazy or resistant

Children who are left undiagnosed or untreated often struggle with:

- Depression
- Anxiety
- Social Skills
- Academic performance
- Life Skills
- Suicidal thoughts
- And much more

If you are concerned that your child may have Asperger's, ask your doctor for an evaluation or a referral to a professional that specializes in autism spectrum disorders

Thank you to Southwest Autism Research & Resource Center (SARRC)
ThinkAsperger's
www.autismcenter.org

For more information & services contact



Phone: 619-301-4041

Website: www.respectrum.org

Additional San Diego Resources:

Rady's Children's Hospital
Doris Trauner, MD 858-966-5819
Nancy Markel, PhD 858-452-9940
Mark Lewkowicz, PhD 619-297-0130

Advanced Neurobehavioral Health
15644 Pomerado Road, Suite 305
Poway, CA 92064
858-693-3113
www.anhsocal.com

N. Jennifer Oke, PhD
8950 Villa La Jolla Dr., Suite B111
La Jolla, CA 92037
858-452-9596

Applied Interventions & Methodologies (AIM)
6540 Lusk Boulevard, C256
San Diego, CA 92121
(858) 657-9117

Center for Autism Research Evaluation & Service (CARES)
10065 Old Grove Rd.
San Diego, CA 92131
858-444-8827

Autism Society of America (ASA), San Diego
Asperger's & High Functioning Autism Parent Support Groups (North & East County)
858.715.06778

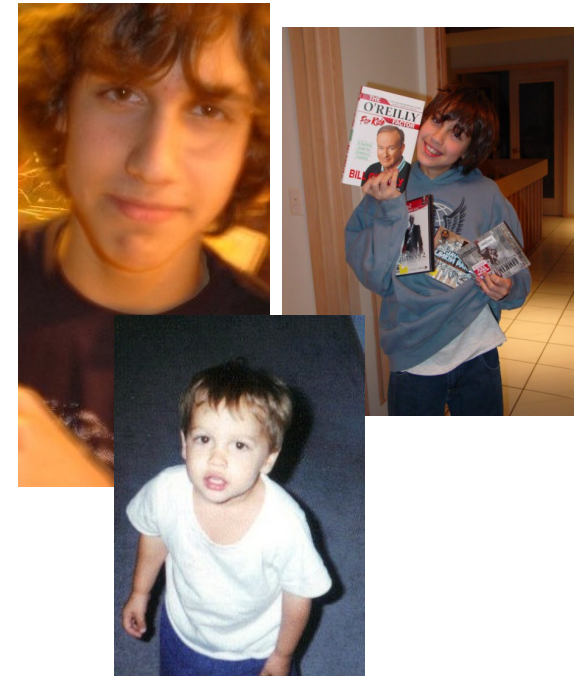
Puzzled Parents (El Cajon Parent Support Group)
619-922-8608

Parent Resources:
www.autismlink.com
www.valerieslist.org
www.autismtreeproject.org

*In Loving Memory of David Ryne Olinger
December 3, 1992-August 20, 2010
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Could it be Asperger's?





think

ASPERGER'S SYNDROME

- * Is an autism spectrum disorder
- * Is more prevalent in boys than girls
- * **Impacts social functioning, behaviors, communication, learning & attention.**

Children with Asperger's may exhibit different types of behaviors, difficulties, & characteristics.

- * Each possible sign *alone* does not necessarily mean a child has Asperger's
- * A child does not need to exhibit *all* possible signs listed to have Asperger's
- * **Any concern about one or a combination of more than one possible signs is reason enough to seek help!**

Could it be...

Possible signs of social impairment:

- avoids group play & tends to play alone
- has difficulty reading body language & non-verbal cues
- has difficulty making or keeping friendships
- has difficulty engaging on team sports
- seems not to understand or lacks interest in an other's perspectives, likes/dislikes, or emotions
- tends to be very literal (taking words for literal meaning & not intended meaning)
- has difficulty with conversation, especially with peers:
 - trouble with back & forth or leaving room for others to talk
 - limited topics of interest, frequently talking off topic, or persisting about a few particular topics
 - difficulty with personal space
- has trouble with keeping hygiene
- seems socially awkward or inappropriate
- seems extremely sensitive to criticism, others laughing, losing, or getting something "wrong"

Asperger's?

Possible signs of stereotyped, repetitive behavior or limited behaviors & interests:

- has interests (activities, objects, topics) that are all consuming
- engages in routines, repetitive behaviors, &/or rituals that don't necessarily serve a functional purpose
- has difficulty shifting from one activity to another, one place to another, or starting with new/unknown situations or places
- may find sports difficult or have poor coordination
- may have extreme behaviors or anger
- may be overly sensitive to light, sounds, textures, smells, tastes, etc.
- may be exceptionally good at some tasks & exceptionally poor at others
- all of the above:
 - may seem awkward (considering developmental age or level of intensity)
 - lead to difficult behavior, get in the way of social interaction, or affect learning